

Australian Journal of Medical Herbalism

The Australian Journal of Medical Herbalism (AJMH) is a peer reviewed and clinically relevant journal, publishing material on all aspects of medical herbalism.

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*A double blind placebo controlled study monitoring healthy adults
consuming the commercial nutraceutical preparation MC-S*

Abstract:

A double blind study of healthy subjects ingesting either, the medicinal supplement MC-S or a placebo. The study was designed to evaluate if there was any difference in the number of days experiencing symptoms of winter related illnesses such as colds, influenza or secondary infections between the two groups. A statistical analysis using Two-sample t-test with equal variances and the Mann-Whitney non-parametric test both produced a significant result. ***Conclusion, these highly encouraging results demonstrate the blend of nutraceuticals used in MC-S could be of use in reducing the incidence and duration of winter related illness.***